

The official languages at the course will be English and Spanish. There will be simultaneous translation.

Registration:

Attendance to this course will be limited to 200 participants.

Last day of registration: 15th February 2009

For further information or registration:
Ms. Joana Dalmau (Course Secretary)

Tel. 00 34 93 4335012

Fax 00 34 93 4335006

joana.dalmau@uab.es

www.uab.es/barcelonaplasticsurgery/



Fundació Doctor Robert
UAB

CONGRESS VENUE:

Fundació Doctor Robert. Casa Convalescència
Sant Antoni M. Claret, 171- 08041 - Barcelona

endorsed by

secpre
Sociedad Española de Cirugía
Plástica Reparadora y Estética



**5th Barcelona Meeting
on Perforator Flaps**

Final program

**Breast Surgery:
State-of-the-Art and
Future Challenges**

**Breast Reconstructive
Surgery**

Achieving Breast Symmetry

**New Trends in Aesthetic
Breast Surgery**

Barcelona, 4-6 March 2009

Organised by

Department of Plastic Surgery



hospitaldelmar

Breast Surgery: State-of-the-Art and Future Challenges

Welcome

Dear colleagues,

On behalf of the Organizing Committee and the Scientific Faculty it is a great pleasure to invite you to participate in the 5th BCN Meeting on Perforator Flaps to be held in Barcelona from 4th to 6th March 2009.

In this 5th edition of our bi-annual meeting we will be focusing on only one subject, Breast Surgery: State-of-the-Art and Future Challenges. Results in reconstructive breast surgery have improved notably over recent years due to greater emphasis being placed on aesthetic considerations and the line between aesthetic and reconstructive surgery has become blurred. No longer can either of these two aspects exist in isolation if we aim to achieve exceptional results.

The 3-day meeting will cover one main topic per day: Breast Reconstructive Surgery, Options for achieving Contralateral Symmetry and New Trends in Aesthetic Breast Surgery. Primary and secondary procedures, short scar techniques, new developments in breast surgery, and how to avoid problems and optimize outcomes will be presented by a distinguished international faculty.

Live surgery, video surgery, lectures and round tables will provide an excellent opportunity to keep up to date with the latest developments in breast surgery.

We hope to welcome you to Barcelona in March 2009. We are sure that you will enjoy your stay with us in our dynamic and exciting Mediterranean city.

Sincerely,

J. Masià MD PhD / P. Serret MD
Organizing Committee Chairs

C. Vega MD
Organizing Committee Secretary

Main sponsor and Exhibition

The organizer and the faculty are very thankful to the sponsors for his generous support



Sponsor platinum

Johnson & Johnson Medical

Sponsor gold



Quermed, s.a.
electromedicina



Friday, March 6th 2009

“NEW TRENDS IN AESTHETIC BREAST SURGERY”

- 09:00-09:30 The breast surgery market: Key insights and growth potentials. Impacts of economic recession. **O. Girón (Business Consulting Senior - Allergan)**
- 09:30-09:50 Knowing the implants: Fundamental differences between form stable and non-form stable implants / Smooth vs textured prosthesis / Round vs anatomic implants. **S. Suominen**
- 09:50-10:10 The process of breast augmentation: incisional alternative, pocket plane, post-operative management. Optimising outcomes and minimising recovery. **S. Withey**
- 10:10-10:30 Patient selection: avoiding the wrong candidate. **Ph. Blondeel**
- 10:30-10:45 Summarising the table and discussion conducted by **K. Van Landuyt**
- 10:45-11:15 Coffee break
- 11:15-11:30 Assessment of the breast augmentation complications and analysis of predisposing factors. **N. Bricout**
- 11:30-11:45 Revising the unsatisfactory breast augmentation: Implant malposition and treatment options. **S. Withey**
- 11:45-12:05 Secondary breast augmentation: Implant selection, site change alternatives and surgical techniques. **K. Breuing**
- 12:05-12:30 The tuberous breast. Implant selection and alternative surgical techniques. **M. Nava**
- 12:30-12:50 Breast augmentation and breast refinements with fillers: Viability of the hyaluronic acid. **T. Hirai**
- 12:50-13:15 Morning summarising and discussion conducted by **Cl. Angrigiani**
- 13:15-14:30 Lunch
- 14:30-14:50 Mastopexy augmentation: choosing the right implant. **A. Losken**
- 14:50-15:10 Mastopexy and augmentation of the severely deformed breast after massive weight loss, aging and pregnancy. **A. Spiegel**
- 15:10-15:30 Liposuction breast reduction: a viable option? **Th. Schoeller**
- 15:30-15:50 Vertical mammoplasty: comprehensive update. **M. Hamdi**
- 15:50-16:10: The status of breast augmentation with autologous fat transplants. Technique, results and controversies. **E. Delay**
- 16:10-16:30 Summarising the table and discussion conducted by **R. Khouri**
- 16:30-17:00 Coffee break
- 17:00-17:45 My aesthetic breast practice: What I no longer do ... **N. Bricout, S. Withey, R. Khouri, M. Hamdi, T. Hirai and Cl. Angrigiani**
- 17:45-18:30 Making a living from private breast reconstruction. **Ph. Blondeel, A. Spiegel, A. Losken, E. Delay, Ch. Andree and M. Nava**
- 18:30 Meeting closure and remarks

Please note that this programme may be subject to change

International Faculty

- **Christoph Andree** (Hospital of the City of Dusseldorf – Germany)
- **Claudio Angrigiani** (Hospital Santojanni – Buenos Aires Argentina)
- **Phillip Blondeel** (Gent University Hospital – Gent Belgium)
- **Karl H. Breuing** (Brigham and Women's Hospital – Harvard University - Boston USA)
- **Nathalie Bricout** (Private Practice – Paris France)
- **Emmanuele Delay** (Centre Léon Bérard - Lyon France)
- **Moustapha Hamdi** (Gent University Hospital – Gent Belgium)
- **Takashi Hirai** (Shibuya East Clinic – Nippon Medical School - Tokio Japan)
- **Roger K. Khouri** (Miami Hand Center – Miami USA)
- **Koenraad Van Landuyt** (Gent University Hospital – Gent Belgium)
- **Albert Losken** (Emory Division of Plastic Surgery – Atlanta USA)
- **Maurizio Nava** (Istituto Nazionale dei Tumori – Milano Italy)
- **Thomas Schoeller** (University Hospital Innsbruck – Innsbruck Austria)
- **Aldona Spiegel** (Baylor College of Medicine Texas Medical Center – Houston USA)
- **Sinikka Suominen** (Helsinki University Hospital – Helsinki Finland)
- **Simon Withey** (Royal Free Hospital – U.K.)

Special topics

1. **Breast Reconstructive Surgery: Current concepts and advances in breast reconstruction. Tissue expanders, implants, musculocutaneous flaps and perforator flaps. Refinements and improving final results.**
2. **Oncoplastic surgery. Local perforator flaps.**
3. **Options for achieve contralateral breast symmetry: reduction mamoplasty, augmentation, mastopexy, fat injection...**
4. **New trends in Aesthetic Breast Surgery: Current techniques, breast shaping with hyaluronic acid, acellular dermal matrix, BRAVA...**

Program objectives

- To update skills and knowledge in a wide range of subjects concerning aesthetic and reconstructive breast surgery, such as autologous and implant reconstruction, implants for augmentation, mastopexy and reduction mammoplasty techniques, fat grafting and other related issues.
- To present didactic and surgical sessions demonstrating the latest developments in the three main topics of the course: breast reconstruction, contralateral breast symmetry and aesthetic breast surgery.
- To provide a forum that will address current issues in breast surgery in a relaxed atmosphere where all participants will have ample opportunity to share experiences and gather information through live surgery, video surgery sessions, round tables and case presentations

Breast Surgery: State-of-the-Art and Future Challenges

Final program

Wednesday, March 4th 2009

“BREAST RECONSTRUCTION: WHERE ARE WE AT AND WHERE ARE WE GOING?”

- 08:00-09:00 Registration
09:00-09:10 Welcome
09:10-09:30 Aesthetic outcomes in breast reconstruction and the evolution of surgical techniques. **Ph. Blondeel**
09:30-09:45 Direct anatomical implants: Do they play a role in delayed or immediate reconstruction? **N. Bricout**
09:45-10:00 Updating breast expander reconstruction: women’s expectations in a new millennium. **M. Nava**
10:00-10:15 Control of shape in expander breast reconstruction: breast expansion with tissue substitutes. **K. Breuing**
10:15-10:30 Thoracolateral fasciocutaneous flap vs intercostal perforator flap with implants: Holström in perforator flap era. **Cl. Angrigiani**
- 10:30-11:00 Coffee break
- 11:00-11:15 Latissimus dorsi with implants in irradiated breast. **S. Withey**
11:15-11:30 Expansion and dorsal flap: Nuances and evolution. **N. Bricout**
11:30-11:45 Extended latissimus dorsi. **E. Delay**
11:45-12:00 Indications and limitations of TUG miocutaneous flap. **Th. Schoeller**
12:00-12:15 The efficacy of structural fat grafting as an adjunct to breast reconstruction. **E. Delay**
12:15-12:30 Minimally invasive autologous total breast reconstruction by external expansion and serial lipografting: Brava® External Breast Expander + Lipografter. **R. Khouri**
12:30 -13:00 Table summary and discussion conducted by **K. Van Landuyt**
- 13:00-14:30 Lunch
- 14:30-14:45 Update on perforator flap breast reconstruction. **Ch. Andree**
14:45-15:00 Optimizing the DIEP flap. **Ph. Blondeel**
15:00-15:15 Choosing the right perforator: Imaging in abdominal perforator flaps. **J. Masia**
15:15-15:30 Reliability of SIEA flap. **A. Spiegel**
15:30-15:45 Indications and limitations of gluteal perforator flaps in breast reconstruction. **K. Van Landuyt**

- 15:45-16:15 Coffee break
16:15-16:35 Autologous versus prosthetic breast reconstruction: Patient selection. **S. Suominen**
16:35-17:15 Key points in salvage of the failed breast reconstruction. **Ph. Blondeel, Th. Schoeller, Ch. Andree, A. Spiegel and K. Breuing**
17:15-18:00 Crying for help: Problem cases from the participants

Thursday, March 5th 2009

“ACHIEVING BREAST SYMMETRY”

MORNING: ONCOPLASTIC BREAST SURGERY

- 08:00-8:30 Oncoplastic breast surgery: how to maximize oncological safety and cosmesis. **A. Losken**
08:30-9:00 Perforator flaps in oncoplastic breast surgery: Step by step. **M. Hamdi**

Live Surgery Session: (09:00 -12:30h)

1. How to speed up a DIEP procedure: a DIEP flap for breast reconstruction in 3.5 hours. **Ph. Blondeel / K. Van Landuyt**
2. Breast reconstruction with fat grafting after Brava external expander. **R. Khouri**
3. Breast reconstruction with tissue expansion and acellular dermal graft. **K. Breuing**

12:30-13:00 Morning summary and discussion conducted by **S. Suominen**

13:00-14:30 Lunch

AFTERNOON: CONTRALATERAL BREAST SYMMETRY

- 14:30-14:50 Achieving breast symmetry: preoperative assessment and surgical planning. **A. Losken**
14:50-15:10 Contralateral mastopexy and breast reduction: different concepts or the same techniques. **M. Hamdi**
15:10-15:30 Final refinements with fat grafting: oncological risk of fat injections. **R. Khouri**
15:30-16:00 Correction of synmastia: Poland syndrome. **Ch. Andree**
16:00-16:30 Table summary and discussion conducted by **A. Spiegel**
- 16:30-17:00 Coffee break
- 17:00-18:00 Cross-fire debate with selected complex cases: direct assessment for the faculty. Conducted by **Cl. Angrigiani** and **P. Serret**